

NUTRITION RESPONSE TESTING Part Three

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In the last two issues, we discussed how we use Applied Kinesiology to do the non-invasive diagnostic procedure known as Nutrition Response Testing. We looked at how the Autonomic Nervous System can become blocked or switched neurologically, and what common stressors can create these problems. We will continue here with the flow of the exam.

The next step is to correct whatever has been found from the stressors. So, if we have heavy metal toxicity, or bacterial or yeast challenges, for example, we use specific nutritional and herbal therapies to correct these problems in the animals. For herbal therapies, I use mainly Western herbs in my practice. I also use a vast array of nutritional whole food supplements in my practice, as well. We test the various supplements against the body to see what tests strong, and what corrects the stressors that are in our stressor test kits.

Once we have handled the stressors, we move on and test all the organs in the body—pituitary gland, through bladder, as I like to say! Whatever organs test weak, we then go back through them in what is called the priority hand mode. In this priority mode, the body will only test weak (through the surrogate) at the organ that it thinks is the biggest priority to handle at that time. Pretty cool stuff! We then test that organ locally for the same common stressors—food/metal toxins/solvent or chemical toxins/pathogens. We handle any of those that are found the same way. Then we may also see if that organ needs any specific organ support, to help it rebuild.

The whole combination of supplements that has been put together at that point in the exam, to handle whatever is found, is then put along with whatever food the animal tests well for in the exam, as the proper food is the foundation to the program (see earlier article I wrote on Nutrition—The Foundation to Health).

At this point the animal now has a custom designed supplement program to help with whatever has been found on the exam, to help its own body needs, along with a custom designed diet as well.

This has been a very exciting diagnostic technique for me in my practice. This systematic walk through of the body has allowed me to uncover things that I was never capable of finding before, and to therefore be able to help animals with their problems. Nutrition Response Testing (NRT) has had a high rate of success for the animals in my practice. Often, we are also able to help animals that were unable to be helped by conventional methods.

One example of a success story that was unable to be helped conventionally was a German Shepard dog that had a long standing history of chronic diarrhea. The poor owners had tried everything they knew how to do through their conventional vet but to no avail. They brought the dog to me, and I went through the entire NRT exam, corrected the diet, handled the stressors, and provided proper digestive and organ support where it was needed. The dog ultimately stopped having diarrhea and has been fine for almost 2 years now. We still do maintenance supplements for him, and keep his diet closely monitored through this testing. He will always be what we call a rather high maintenance dog, but through NRT we are able to keep his diarrhea successfully managed. Very happy dog, very happy owners!

I hope you have been able to follow all three parts of our three part series on Nutrition Response Testing. If not, and you are interested in having copies of all the articles, you can always contact my office at 401 349 2668 for them.

Often, when people get so excited about what they see with their animals, I am asked about NRT for people. Nutrition Response Testing is available for humans in the New England area. Remember, this is a human technique that I have learned at seminars for human health care practitioners, and have just adapted over to the animals.

Nutrition Response Testing has been probably one of the most amazing things I have learned in my veterinary career. I hope someday all animals and humans can benefit from this wonderful diagnostic technique!